

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4 Lemon Pepper Fish Tartar Sauce Baby Red Potatoes Asparagus Pineapple Multi-grain Bread Cookie</p>	<p>5 Honey Mustard Pork Baked Sweet Potato Pacific Blend Veggies Raisin Bread Cinnamon Applesauce</p>	<p>6 Chicken Fajitas w/ Red &amp; Green Bell Pepper &amp; Onion Sauté Tortilla Sour Cream Refried Beans MexiCorn Chocolate Cherry Cake <b>Celebrate January Birthdays</b></p>	<p>7 Lasagna Carrots Tossed Romaine Lettuce Salad Dressing Garlic Breadstick Fruit Jell-O Dessert</p>	<p>8 Meatloaf Mashed Potatoes Gravy Whole Kernel Corn Whole Wheat Bread Pumpkin Bar</p>
<p>11 Chili w/ Macaroni Crackers Cheddar Cheese Tossed Romaine &amp; Spinach Salad Dressing Apple Slices Lemon Bar</p>	<p>12 Oven Baked Rosemary Chicken Baked Sweet Potato Cauliflower Cornbread Grapes</p>	<p>13 BBQ Pork Whole Wheat Hoagie Scalloped Potatoes Coleslaw Diced Pears Cookie</p>	<p>14 Chicken Broccoli Casserole Pacific Veggie Blend Whole Wheat Bread Grape Juice Bananas &amp; Vanilla Pudding</p>	<p>15 Beef Tips w/ Mushrooms Noodles Peas Cinnamon Apples Fudgy Black Bean Brownies</p>
<p>18 <b>All ADRC-CW Offices Closed for Martin Luther King Day</b></p>	<p>19 Beef Vegetable Stew Biscuit Country Trio Veggie Blend Tossed Romaine &amp; Spinach Salad Dressing Cookie</p>	<p>20 Turkey Tetrazzini Carrots Sliced Pickled Beets Whole Wheat Roll Peach Upside Down Cake</p>	<p>21 Brat on a Bun Steamed Onions Baked Beans Potato Salad Strawberry Jello Pretzel Dessert <b>Cabin Fever Day</b></p>	<p>22 Salmon Filet Tartar Sauce Twice Baked Mashed Potatoes Creamed Peas Whole Wheat Bread Spice Cake</p>
<p>25 Ham Sandwich on Marble Rye w/ Romaine Leaf Tomato Slice Mustard/Mayo Hearty Bean Soup Crackers Pear Slices Cookie</p>	<p>26 Pork Roast Mashed Potatoes Gravy Pea, Cheese, &amp; Onion Salad Whole Grain Bread Blueberry Cobbler</p>	<p>27 Chicken Breast w/ Mushroom &amp; Bacon Sauce Brown &amp; Wild Rice Blend Winter Squash Apple Slices Rich Chocolate Cake <b>National Chocolate Cake Day</b></p>	<p>28 Seasoned Baked Fish Parsley Buttered Potatoes Tartar Sauce Red Cabbage Slaw Rye Bread Banana Cream Pie Bar</p>	<p>29 Italian Rigatoni Casserole Green Beans Romaine Lettuce Salad Dressing Garlic Breadstick Carrot Cake</p>