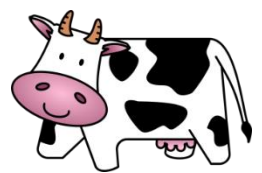
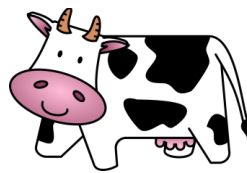
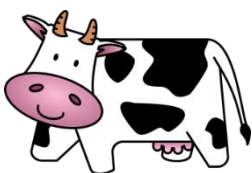
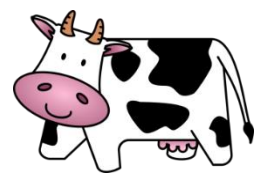
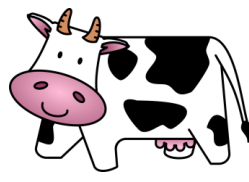
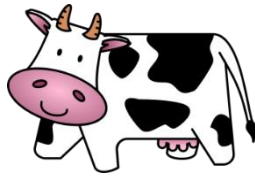
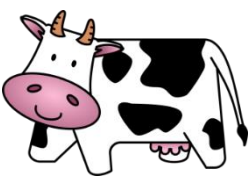


June 2021
2nd Street Community Center – Sr. Activities
211 E 2nd Street, Marshfield
715-486-2055

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 Exercise 10:00 Lady's Pool 10:00 Hand & Foot 10:15 Tai Chi 12:30 Drop-In Cards 1:00 Bingo	2 8:15 9 & 9:30 Gentle Yoga 9:30 Dominoes 10:30 Bridge Brush Up 12:30 Duplicated Bridge 1:00 Sheepshead	3 9:00 Exercise 10:00 Hand & Foot 10:15 Tai Chi 12:30 Drop-In Cards 1:00 Craft Tyme	4 8:15 9 & 9:30 Gentle Yoga 11:00 Ukulele 1:00 Smear	5
6 1:00 Sheepshead	7 9:00-Noon Men's Pool Lg. 8:15 9 & 9:30 Gentle Yoga 12:30 Drop-In Cards 1:00 Polish Poker	8 9:00 Exercise 10:00 Lady's Pool 10:00 Hand & Foot 10:15 Tai Chi 12:30 Drop-In Cards 1:00 Bingo	9 8:15 9 & 9:30 Gentle Yoga 9:30 Dominoes 10:30 Bridge Brush Up 12:30 Duplicated Bridge 1:00 Smear	10 9:00 Exercise 10:00 Hand & Foot 10:15 Tai Chi 12:30 Drop-In Cards 1:00 Craft Tyme	11 8:15 9 & 9:30 Gentle Yoga 11:00 Ukulele 1:00 Smear	12
13 1:00 Smear	14 9:00-Noon Men's Pool Lg. 8:15 9 & 9:30 Gentle Yoga 12:30 Drop-In Cards 1:00 Polish Poker	15 9:00 Exercise 10:00 Lady's Pool 10:00 Hand & Foot 10:15 Tai Chi 12:30 Drop-In Cards 1:00 Bingo	16 8:15 9 & 9:30 Gentle Yoga 9:30 Dominoes 10:30 Bridge Brush Up 12:30 Duplicated Bridge 1:00 Sheepshead	17 9:00 Exercise 10:00 Hand & Foot 10:15 Tai Chi 12:30 Drop-In Cards 1:00 Craft Tyme	18 8:15 9 & 9:30 Gentle Yoga 11:00 Ukulele 1:00 Smear	19
20 1:00 Sheepshead	21 9:00-Noon Men's Pool Lg. 9, 9:30 & 10 Gentle Yoga 12:30 Drop-In Cards 1:00 Polish Poker	22 9:00 Exercise 10:00 Lady's Pool 10:00 Hand & Foot 10:15 Tai Chi 12:30 Drop-In Cards 1:00 Bingo	23 8:15 9 & 9:30 Gentle Yoga 9:30 Dominoes 10:30 Bridge Brush Up 12:30 Duplicated Bridge 1:00 Smear	24 9:00 Exercise 10:00 Hand & Foot 10:15 Tai Chi 12:30 Drop-In Cards 1:00 Craft Tyme	25 8:15 9 & 9:30 Gentle Yoga 10:30 MSCC Mtg. 11:00 Ukulele 1:00 Smear	26
27 1:00 Smear	28 9:00-Noon Men's Pool Lg. 8:15 9 & 9:30 Gentle Yoga 12:30 Drop-In Cards 1:00 Polish Poker	29 9:00 Exercise 10:00 Lady's Pool 10:00 Hand & Foot 10:15 Tai Chi 12:30 Drop-In Cards 1:00 Bingo	30 8:15 9 & 9:30 Gentle Yoga 9:30 Dominoes 10:30 Bridge Brush Up 12:30 Duplicated Bridge 1:00 Sheepshead	June Birthdays June 1 Christine Quicker June 20 Norman Katzenberger June 25 Jim Sternweis <i>If you would like your birthday on the calendar please give your name and birthdate to the Parks & Recreation Office</i>		

MSCC COUNCIL MEMBERS: President: Mike Feirer VP/Treasurer: Char Jones VP/Secretary: Jackie Schueller
Directors: Janet Marshall, Sandy Rieth, Don Schueller & Dick Solberg





The Marshfield Senior Community Center is located at the 2nd Street Community Center, 211 E 2nd Street (Old Library). It is open Monday-Friday from 7:30 a.m. to 4:30 p.m. All Senior Citizens 50 and older (and their spouses) are welcome to drop-in and participate in any or all activities. Telephone # is **715-486-2055**.

HAPPENINGS AT THE CENTER

BINGO: Is BACK Tuesdays at 1:00 p.m. in the Drendal Room at the 2nd St. Community Center.

Mexican Train or Spinners: A game played with dominoes on Wednesdays at 9:30 a.m. in the Doty Room. Come join in it's easy to learn or just watch to see if this is a game for you.

Fitness Room: Includes a treadmill, stationary bikes, hand weights and more. Open from 8:00 am - 4:00 pm, Monday – Friday. Anyone interested in learning how to use the equipment should call Kelly at 715-486-2043. If you are currently using the equipment, please sign in so that we can track the equipment use.

Blood Pressure Screening: Is being offered at the Marshfield Fire Station, 514 E 4th St., 715-486-2094.

Ukulele Group: Come join us as a beginner or someone who has played before. We will get together every Friday at 11:00 a.m. in the Mazza Room to practice and play what has been learned.

Duplicate Bridge: Come join us for a friendly game of Duplicate Bridge that takes place every Wednesday at 12:30 PM (cost \$1.00). Everyone with a partner plays, or call Steve at 715-650-3377 with questions or if you are looking for a partner. If you have played bridge in the past and want to brush-up, or just sharpen your skills, we play (VERY, VERY CASUAL) each Wednesday at 10:30 AM. Call Steve with questions 715-650-3377.

Donations: Anyone looking to donate will be recognized if they choose to be. The items that center could use are: Kleenex & Clorox Wipes. Please give your donation to the Parks & Recreation Office so we don't miss anyone. Thanks, MSCC Board.

EXERCISE CLASSES - You may join the exercise class at any time.

Arthritis Exercise Class: An exercise program designed to help those who have joint and/or muscle problems achieve improved joint mobility, muscle strength and endurance in order to improve the performance of their daily activities. The class meets on Tues. & Thurs., 9:00 - 10:00 a.m. \$4.00 drop in fee or a punch card can be purchased at the class for 16 weeks for \$45 or 8 weeks for \$25.

Tai Chi: An ancient Chinese exercise that combines relaxed, fluid movement with a calm, alert mental state. It is non-impact exercise that builds endurance and enhances flexibility, balance and coordination. The class meets on Tues. & Thurs., 10:15 – 11:15 a.m. \$4.00 drop in fee or a punch card can be purchased at the class for 16 weeks for \$45 or 8 weeks for \$25.

Gentle Yoga: Every Monday, Wednesday & Friday at 8:15 am – balance, 9:00 am - cardio, 9:30 am - core. Come for one or stay for all. This is a FREE exercise program.

COMMITTEE & ORGANIZATION MEETINGS

Marshfield Senior Citizen Council (MSCC): The MSCC is an organization of participants at the Center interested in promoting activities and events for the Center. Please join the board at these meetings anyone 50 years & older are welcome to attend. Board Meeting: June 25, 2021 at 10:30 a.m.

THANK YOU!! MSCC Board would like to thank all of the wonderful people who make the center run. Without everyone's help we would not be able to offer so many different activities.

ADRC - AGING & DISABILITY RESOURCE CENTER OF CENTRAL WISCONSIN - ADRC

The ADRC is located at 300 S. Peach Ave. they can be reached at **715-384-8479**. The ADRC provides many programs and services for adults with disabilities and 60 years of age and older.